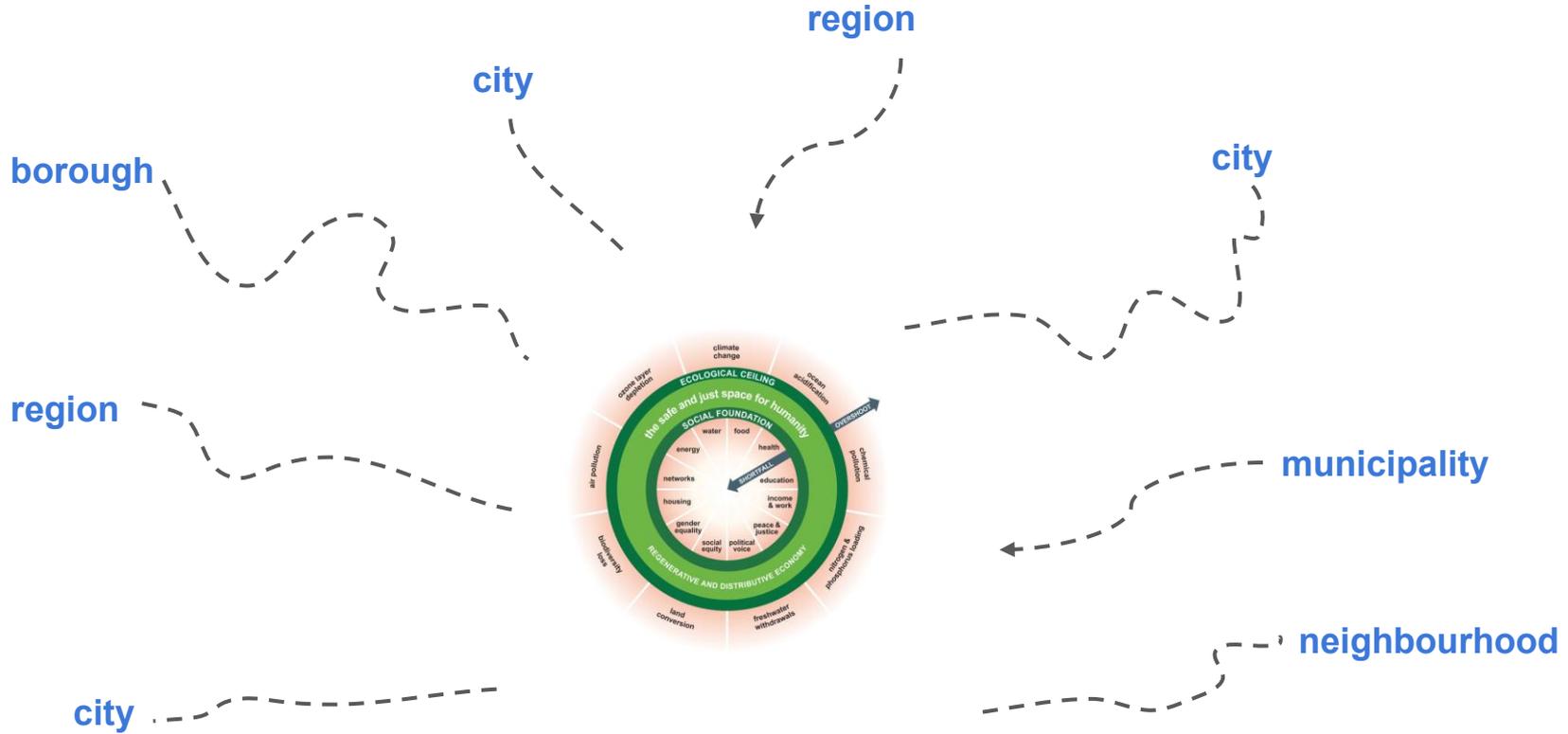


# Cities & regions working with the Doughnut - what does it mean?



# How does local government work with DE happen in practice

## DEAL's tools



**Tool**

**Cities & Regions: Let's Get Started**

2024  
Including case studies of leading cities and regions

**Cities & Regions: Let's Get Started [4 languages]**

A guide for local governments to engage with Doughnut Economics, including 12 case...

Posted by the DEAL Team



**Tool**

**Dou Econ**  
turning ideas into reality

**Presenting Doughnut Economics: videos and slides**

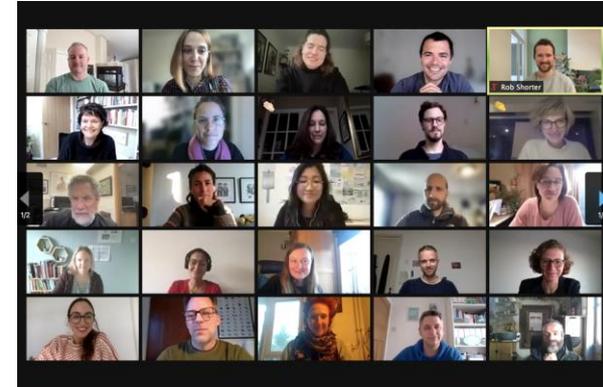
A set of videos and slides for changemakers to use when presenting Doughnut Economics.

Posted by the DEAL Team

## Cities innovating & experimenting



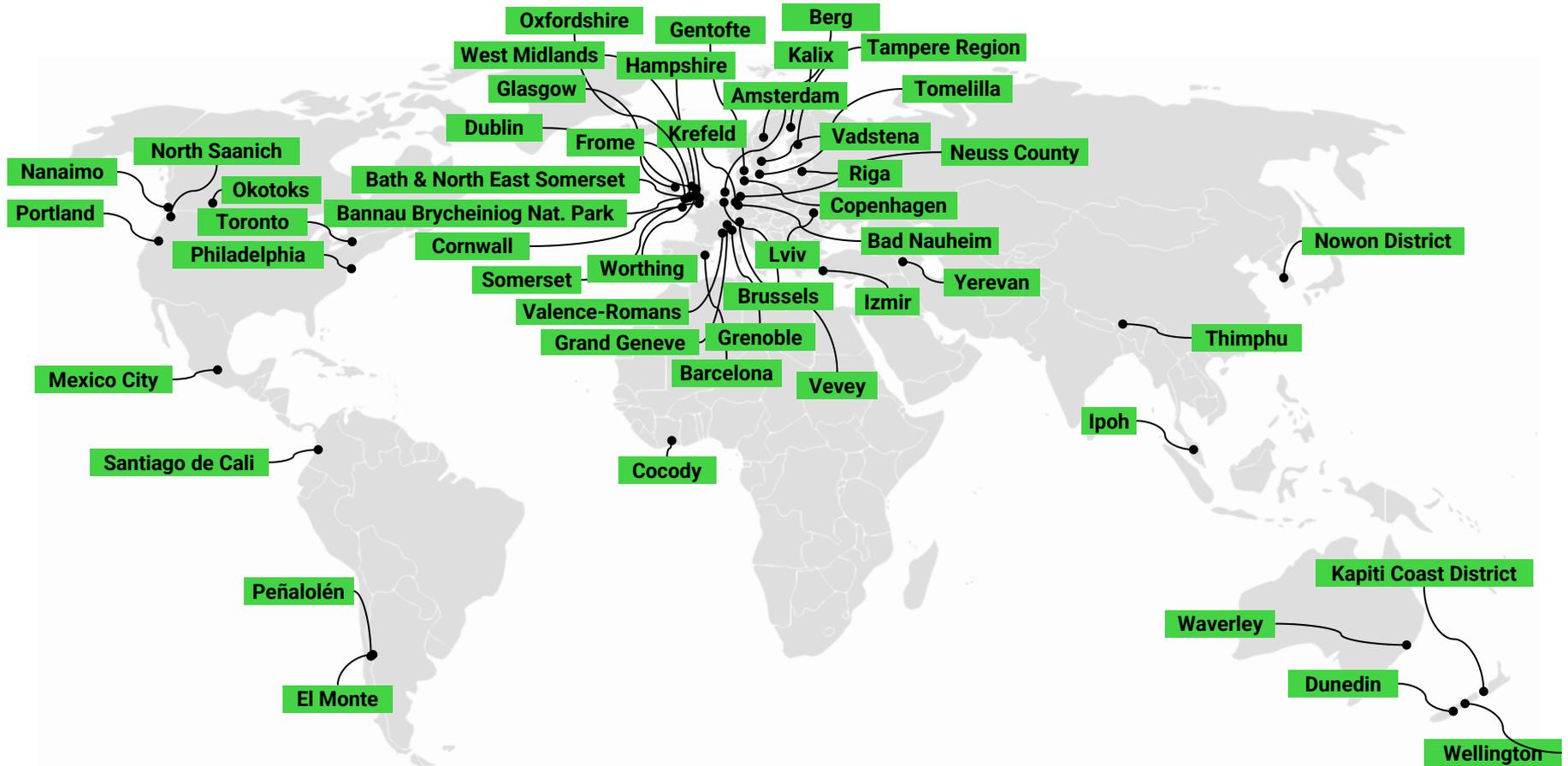
## Cities learning from other cities



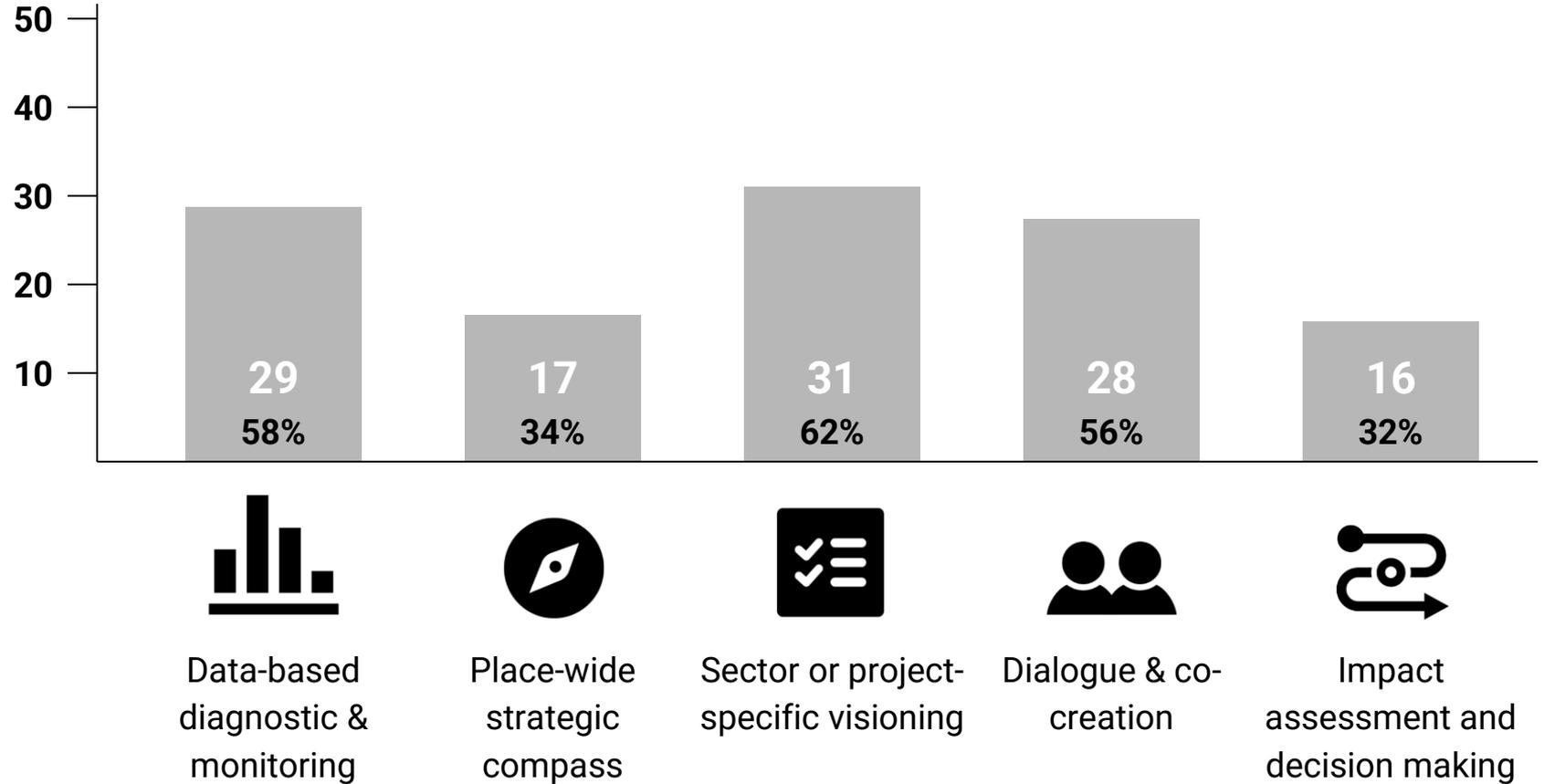
# What are local governments looking for in Doughnut Economics?

- A systems framework that brings together **social and ecological sides**
- **New metrics** to measure progress, set priorities, track change
- **Compass** to guide decision making and priorities
- **New framework** for working and planning holistically, with systems thinking
- A **more ambitious approach** to sustainability
- A **post-growth model** that resonates broadly
- **New narrative**, new common language about where we are and where we're going that resonates broadly and can inform internal and external processes

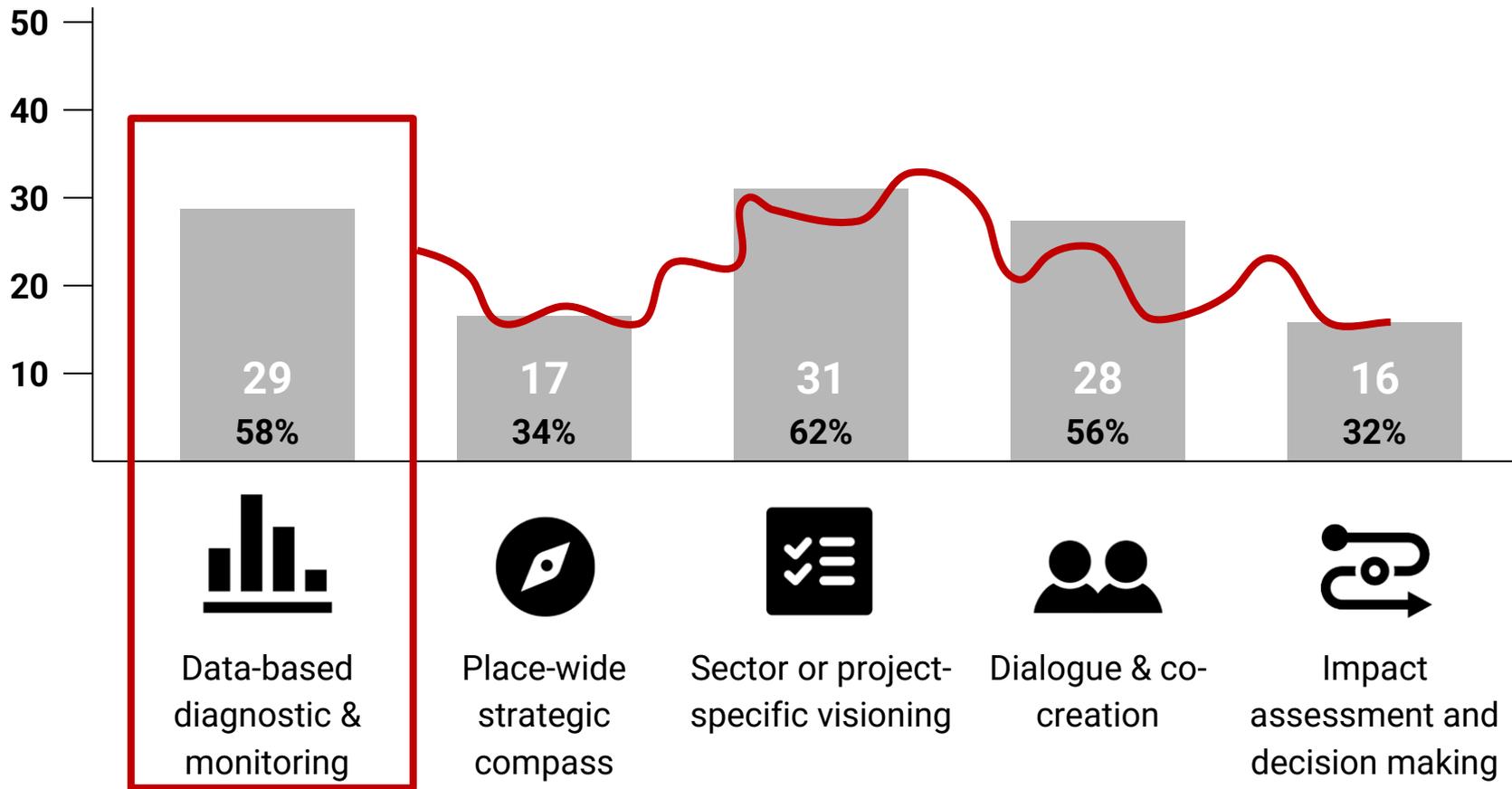
# Local governments that have worked with DE until 2025



# Main areas of practical application of Doughnut Economics

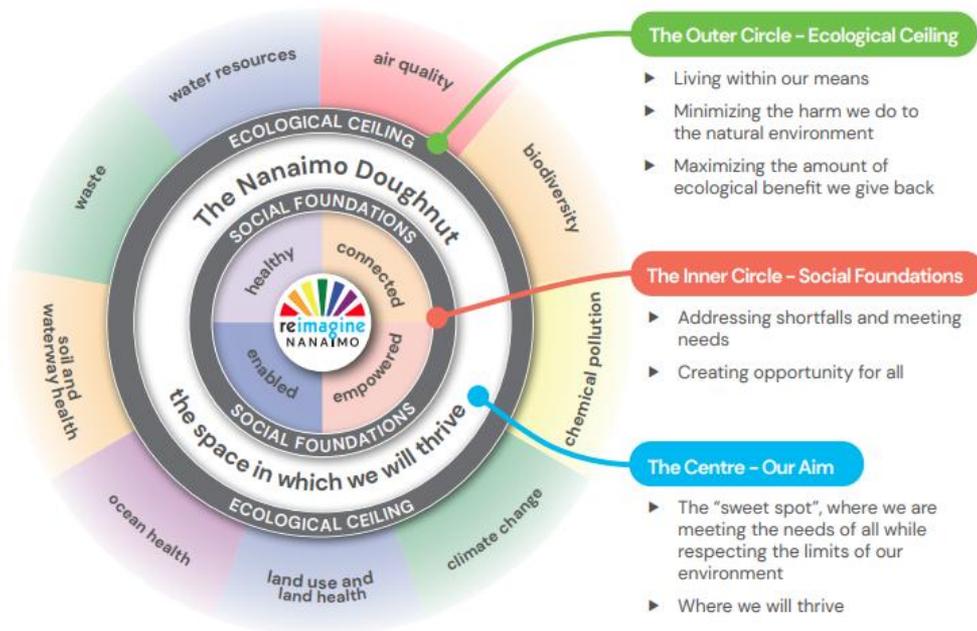


# Main areas of practical application of Doughnut Economics





## Place-wide strategic compass



## HOW IT FITS TOGETHER

*City Plan – Nanaimo Reimagined* combines existing policies and actions, incorporates new information, and lays a groundwork for a future of ongoing integration. Below are the elements that form *City Plan*.

The **Nanaimo Doughnut** is our framework. It articulates the interconnectivity between all aspects of our city and defines the space in which Nanaimo will thrive.

*City Plan* Section B1.1, page 14



**Monitoring**, located in a separate *Monitoring Strategy* document, will identify indicators that will be tracked to see progress towards the goals of *City Plan*.

*Monitoring Strategy*

The **Five City Goals** represent the five areas of focus for our city's future and how we organize our policies.

*City Plan* Section B2.1, page 16



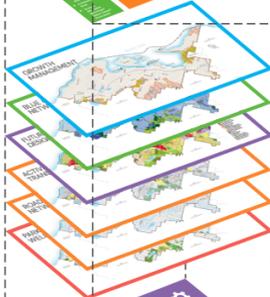
Our **Policies** translate Nanaimo's goals into strategic directions that communicate our intentions and commitments for guiding future choices.

*City Plan* Part C, page 19



Our **City Structure** is our physical growth plan that puts our framework and goals into action. It outlines how and where things will change and where they will stay the same in the future.

*City Plan* Part D, page 139



Our **Actions**, located in a separate *Integrated Action Plan* document, will provide specific projects and programs to implement *City Plan*.

*Integrated Action Plan*

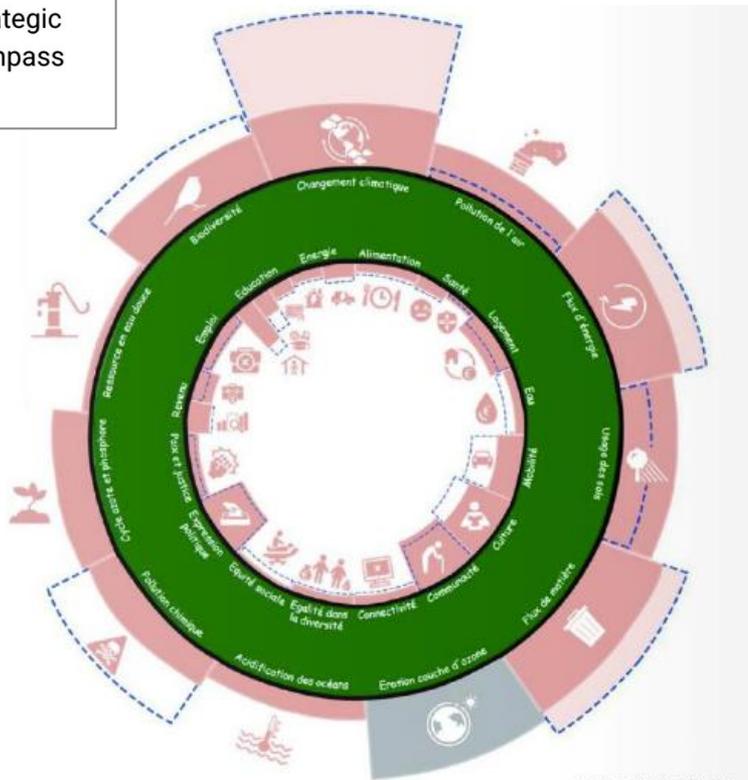
**Taking Action** outlines details on development permit areas, building relationships, financial considerations, and what comes next.

*City Plan* Part E, page 221





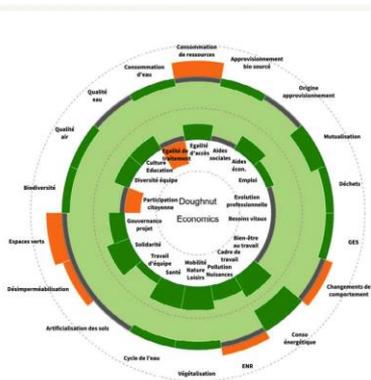
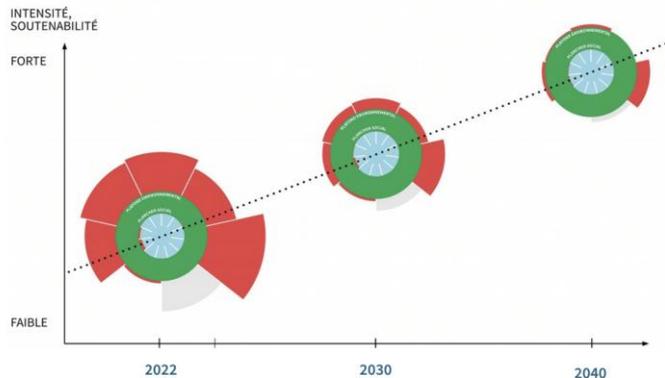
Place-wide  
strategic  
compass



© Nathalie Le Meur / Ville de Grenoble

## Transition path

Plot a path between the current state and the desirable target by 2040



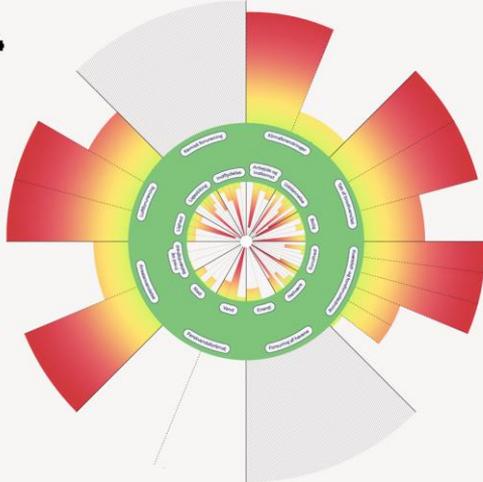
Grenoble 2040 approach, France



Data-based diagnostic & monitoring

### Københavns Doughnut 2024

Klik på Doughnutens indre og ydre inddelinger og gå på opdagelse i data.

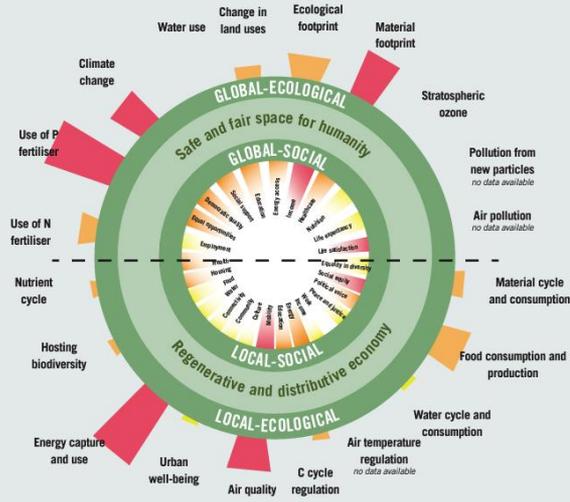


DET SOCIALE FUNDAMENT  
DE PLANETÆRE GRÆNSER

Annual Doughnut report, Copenhagen



Profile of Barcelona



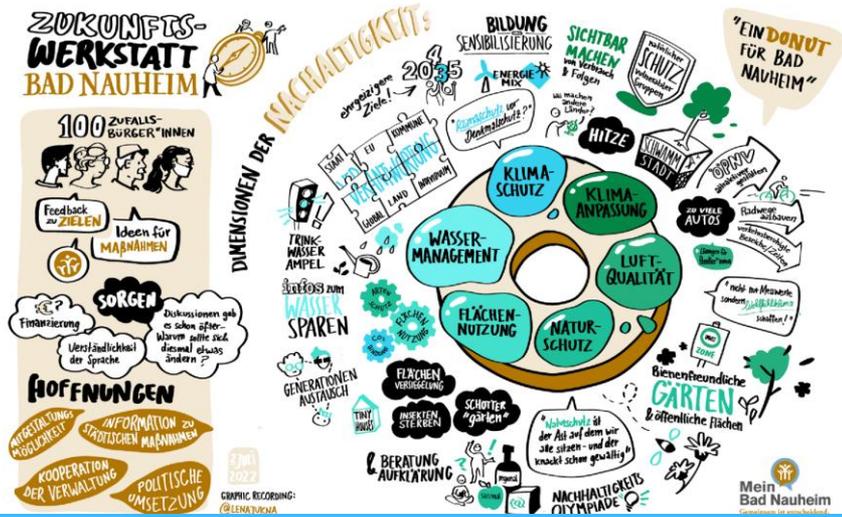
Doughnut Portrait as a compass for collective action, Barcelona



Dialogue & co-creation



Donut Deal Day in Amsterdam, Netherlands



Future workshop (assembly) in Bad Nauheim, Germany

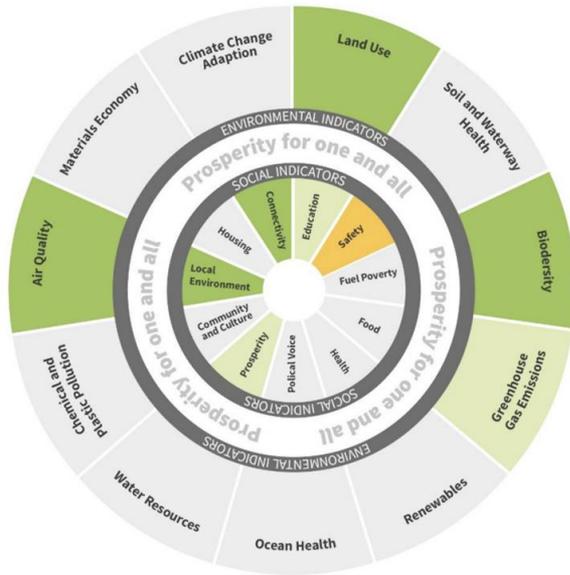


Impact  
assessment and  
decision making

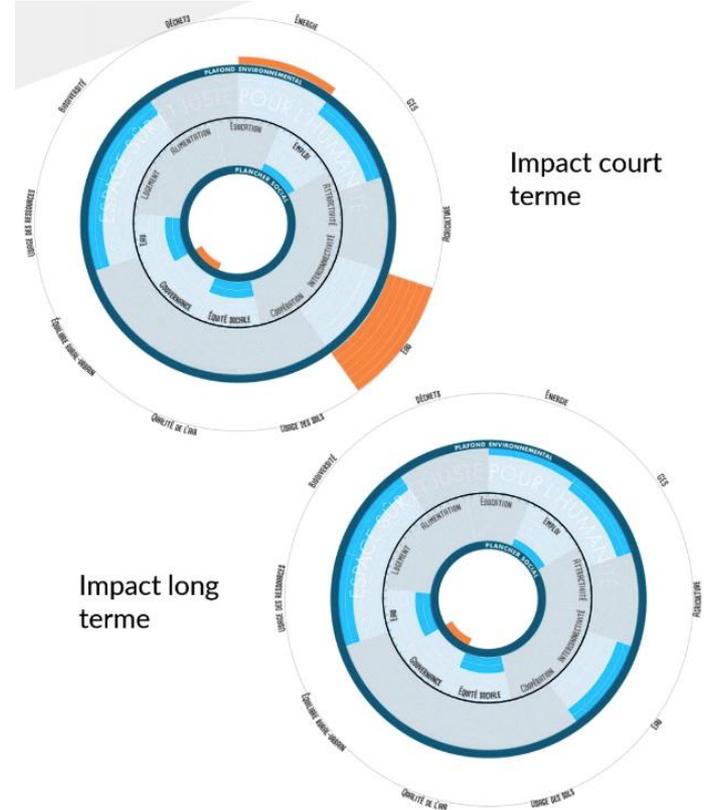


## Decision making wheel

Case study: The Saints Trail



Decision making wheel, Cornwall, England



Project impact assessment, Valence Romans, France



Sector or  
project-specific  
visioning



 **shifting  
economy.brussels**  
ENSEMBLE, VERS L'ÉCONOMIE DE DEMAIN

**STRATÉGIE RÉGIONALE  
DE TRANSITION ÉCONOMIQUE  
2022 - 2030**

Gemeente  
Amsterdam

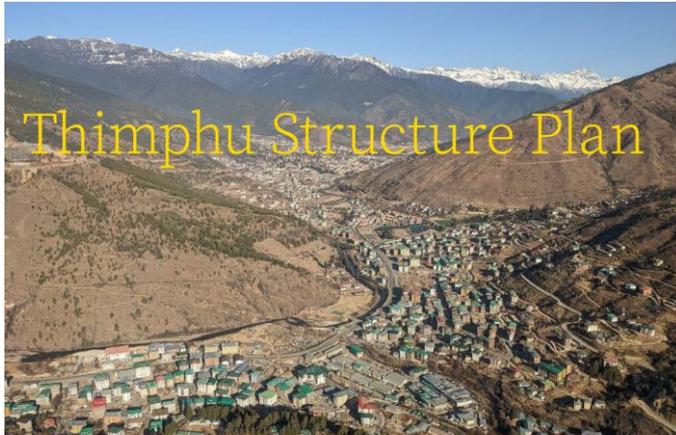


**Amsterdam  
Circular  
2020-2025  
Strategy**

**Behovsinventering  
och Masterplan för  
nytt skolområde  
i Tomelilla**

2024.05.06

Wingårdhs | UHHEUWHHEU



**Thimphu Structure Plan**



PRIOR  
+ PTNRS

ARUP

GERALDIVE



**Sustainable Consumption and  
Production**  
Report and Two-year Workplan

September 2021



**ICC  
CCIÓ  
LIMÀTICA**

**PLA  
CANVIEM  
PEL CLIMA  
2030**

Estratègia de Cultura  
de Sostenibilitat de  
Barcelona

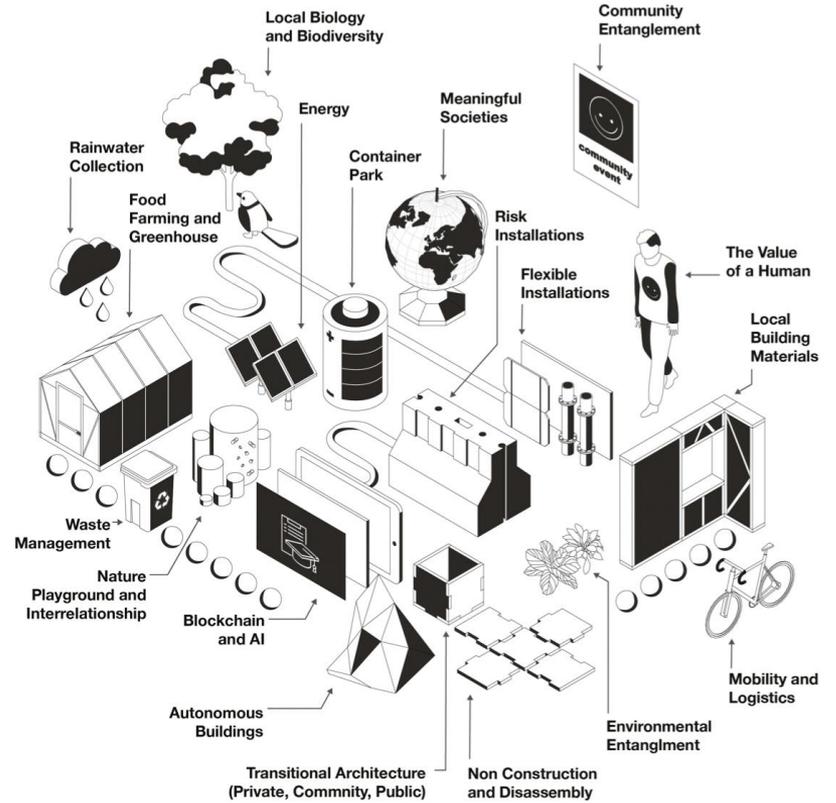
 Ajuntament  
de Barcelona



Sector or  
project-specific  
visioning

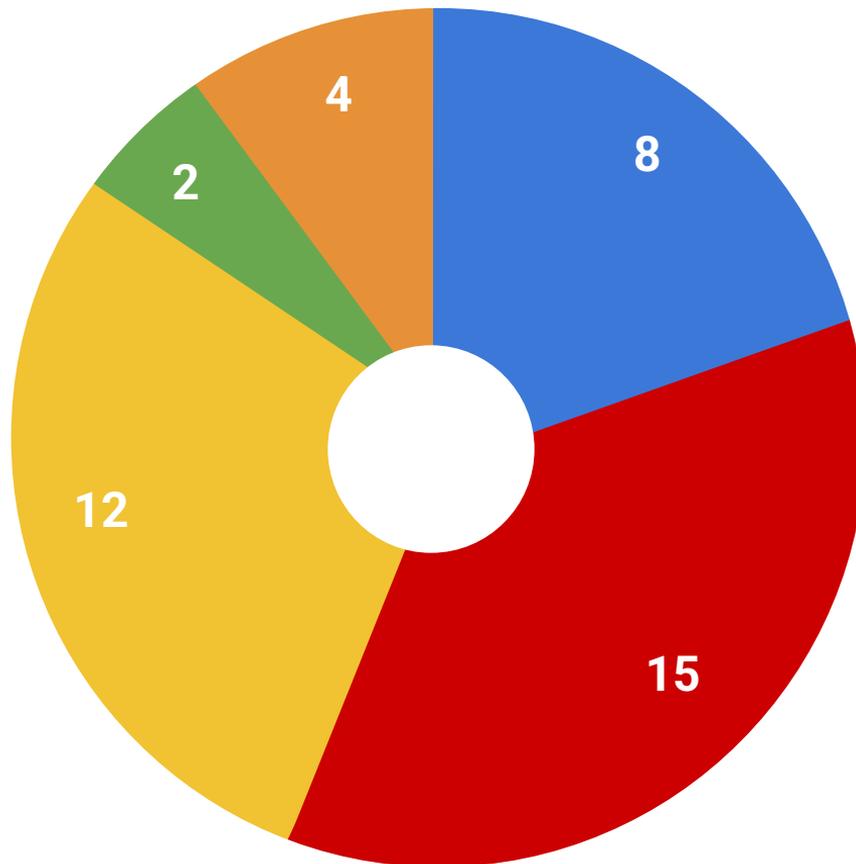


New school in Tomelilla, Sweden



# What were the main benefits from working with Doughnut Economics to date?

-  Cultural shift towards system based and integral thinking and policy making
-  New narrative helping facilitate collective debate
-  Enhanced cross-departmental collaboration
-  Other
-  Too early to tell



# Insights from cities: lessons learnt

- ‘Starting with a Portrait is a convincing way to show concretely how DE can be applied and then explore other ways to continue the work’ (Grenoble)
- ‘The doughnut is very good and easily understood visual, which people get instantly. It’s a good starting point for discussion where people feel seen’ (Bad Nauheim)
- ‘Senior leadership support and staff’s willingness to collaborate, innovate, take risks and work through challenges made this possible’ (Nanaimo)
- ‘Don’t make it too complicated, start workshoping with colleagues, get a feel for the concepts and go where the energy is’ (Tomelilla)
- ‘The most important outcome has not been the Portrait, but all the policymaking and wisdom gathered through the Doughnut journey’ (Brussels)



## Cities & Regions

Local and regional governments working with Doughnut Economics in their policies, strategies, processes and ways of thinking



Edit

X Unfollow



### Local government case study: Ipoh, Malaysia

Ipoh's experience with Doughnut Economics, in four languages (EN, ES, FR, PT-BR)

Posted by Zulqarnain Mohamad, Menaka Ganeson, Maisarah...



### 10 local governments present their Doughnut work

Amsterdam, Bad Nauheim, Brussels, Cornwall, Glasgow, Grenoble, Ipoh, Nanaimo...

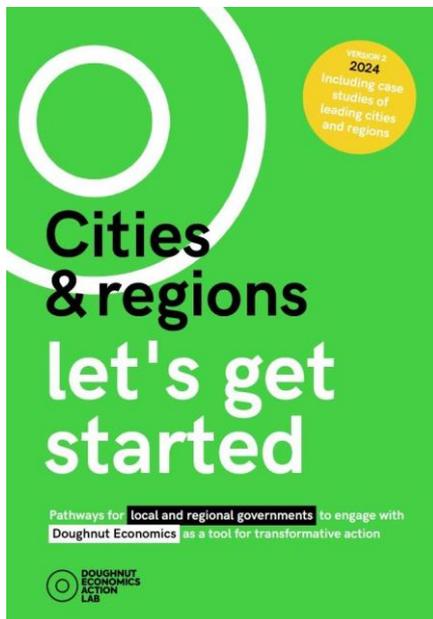
Posted by the DEAL Team



### Local government case study: Grenoble, France

Grenoble's experience with Doughnut Economics, in four languages (EN, ES, FR, PT-BR)

Posted by Nathalie Le Meur and the DEAL Team



## ORIGINAL RESEARCH

### Doughnut Economics in Local Governments: An Overview of Emerging Practice

**Leonora Grcheva**, *Doughnut Economics Action Lab, London, United Kingdom*  
**Michele Vianello**, *London, England, United Kingdom*

**ABSTRACT: Background:** Since the publication of *Doughnut Economics: Seven Ways to Think Like a 21st-Century Economist* (Raworth, 2017), policymakers have been experimenting with the practical application of the model. This article provides a first overview of policy approaches informed by Doughnut Economics

<https://doughnuteconomics.org/themes/cities-regions>